



# WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN, INC.

Serving individuals and families in Northwest Lower Michigan

## Individual and Community Services

- Support, Advocacy and Counseling:
  - Domestic Abuse
  - Rape and Sexual Assault/Abuse
  - Child Abuse and Child Sexual Assault/Abuse
- Support Groups
- Emergency Shelter/Safe Home
- 24 Hour Crisis Line for Domestic Abuse/Rape/Sexual Assault
- Information and Referral
- Educational and Employment Services
- Children's Educational Services:
  - Children's Learning Center-preschool/school-age
  - Project FREE Preschool
  - Community Playgroups
- Community and School Violence Prevention Programs
- Gold Mine Resale Shops
- Engaging Men in the Community
- Working Wardrobe
- Speaking Engagements
- Bi-monthly Newsletter

## Women's Resource Center of Northern Michigan Information

The Women's Resource Center is a 501(c)(3) nonprofit, community-based organization funded by state, federal and local grants, United Way, individual and community donors, and special project fund-raising. Donations of goods and services are also needed to support many programs. For more information on services and/or tax-deductible donations, please call:

### Petoskey

423 Porter St.  
Petoskey, MI 49770  
(231)347-0067  
(231)347-5805 fax  
info@wrcnm.org

### Mancelona

205 Grove St.  
Mancelona, MI 49659  
(231)587-8891  
(231)587-1064 fax &

### Gold Mine South Resale Shop

1002 Emmet St.  
Petoskey, MI 49770  
(231)347-3970

### Cheboygan

825 S. Huron St., Ste. 2  
Cheboygan, MI 49721  
(231)627-2380  
(231)597-9552 fax &

### Domestic Abuse/ Rape/ Sexual Assault:

24 Hour Crisis Line  
(231)347-0082  
(800)275-1995  
safe@wrcnm.org &

### Gold Mine North Resale Shop

1878 North U.S. 31 Hwy.  
Petoskey, MI 49770  
(231)348-7908

### Gaylord

95 Livingston Blvd.  
Gaylord, MI 49735  
(989)731-0918  
(989)731-6443 fax &

### NCMC Office

(231)348-6699 phone/fax  
www.ncmich.edu &

## wrcnm.org • Facebook.com/WomensResourceCenterOfNorthernMichigan

No person or persons will be discriminated against because of religion, sexual orientation, marital status, race, color, national origin, gender identity, age or ability. Any person who believes that they have been discriminated against should notify the Executive Director or Board President immediately by calling (231)347-0067.

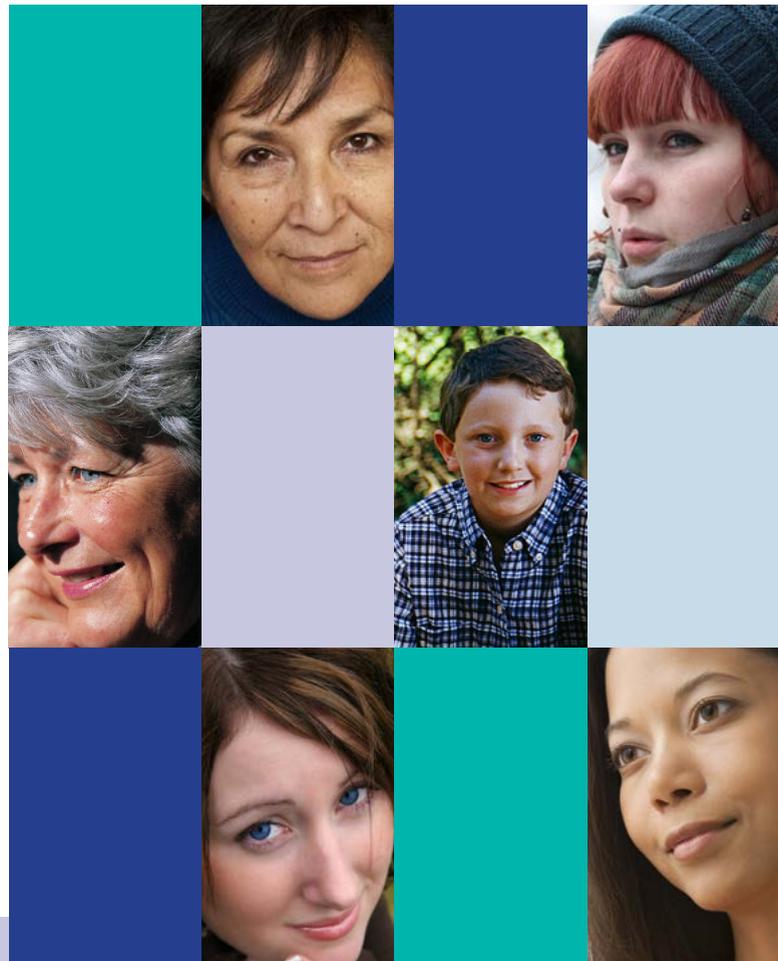


# SEXUAL ASSAULT SERVICES

*Believe • Hope • Heal*



## WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN



## WHAT IS SEXUAL ASSAULT?

Sexual assault is any type of forced or coerced sexual contact or behavior that happens without consent. Those who sexually abuse can be anyone: family, acquaintances, trusted individuals, partners or strangers. Sexual assault includes:

- Rape
- Incest
- Child sexual abuse
- Intimate partner violence
- Sexual exploitation
- Human trafficking
- Unwanted sexual contact
- Sexual harassment

Force includes physical pressure, emotional intimidation, psychological tactics, threats and manipulation used to coerce an individual into non-consensual sexual contact.

## WHO DO WE SERVE?

Women's Resource Center of Northern Michigan (WRCNM) provides services for anyone affected by sexual assault including survivors, family members and friends of survivors. WRCNM serves community members in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties.

## WHAT IS THE SEXUAL ASSAULT PROGRAM?

WRCNM offers confidential, non-judgmental support and counseling to survivors regardless of age or when the assault occurred. We offer a safe and supportive space to engage and connect with therapists. We believe everyone has the right to a life free of violence and control. You do not deserve to be hurt and this is not your fault.

These broad-based services are available at any point in your journey and at no cost. Therapists work alongside you to accomplish goals you have set for yourself as a part of your healing journey. Therapists also provide information, options and advocacy for medical, legal, safety, housing and financial needs; and help you connect to community resources.

### Our Mission

The Women's Resource Center of Northern Michigan is committed to equality, justice and the well-being of women. To that end, we will engage and encourage our community to work with us toward those goals.

## SEXUAL ASSAULT SERVICES IN YOUR COMMUNITY

WRCNM staff has experience and training to assist survivors of sexual assault.

- 24-hour crisis and information line (231) 347-0082, (800) 275-1995
- Therapy, advocacy and support
- Crisis intervention counseling
- Safety planning
- Support groups
- Safe Home
- Community education
- All services free and confidential
- Information and resources online at [wrcnm.org](http://wrcnm.org)
- Survivors of violent crime provided assistance in filing for Crime Victim Compensation

## SUPPORT IS AVAILABLE 24/7

- 24-hour crisis and information line (231) 347-0082 • (800) 275-1995
- Informational website at [wrcnm.org](http://wrcnm.org)

## YOUR JOURNEY

We are here to walk beside you on your personal journey of healing and hope. You are strong. You are a survivor.

## CHANGING OUR CULTURE

Businesses, organizations and individuals working together can bring about positive change; to create a world in which sexual assault is not tolerated. Awareness and understanding of the issue, validating a friend who has experienced sexual assault, speaking up and being an engaged bystander are all examples of actions community members can take to make a difference.

### Our Values

Eliminating the culture of violence  
Quality programs and services  
Understanding and respecting our diversity  
Advocacy for those in need  
Leadership in our community  
Integrity in all we do  
Taking action for social change  
Yielding positive results