

# Counseling Services

**Confidential, non-judgmental services for current and past survivors of:**

- Domestic Abuse/Family Violence
- Adult Sexual Assault
- Adults Sexually Abused/Assaulted as Children
- Child Physical Abuse/Neglect
- Child Sexual Abuse/Assault
- Elder Abuse

## **Services Include:**

- Crisis Counseling
- Individual Counseling
- Support Groups
- Specialized Trauma Therapy (EMDR)
- Play Therapy for Children
- Advocacy on Behalf of Survivors
- Safety Planning
- 24/7 Crisis and Information Line
- Temporary shelter
- Resources and Referrals

These broad-based services are available at no cost during any point in a survivor's life journey. We believe all people have a right to a violence-free life.

Appointments available Monday-Friday 8 a.m. - 5 p.m., with some evening hours. **For information or to schedule an appointment, call (231) 347-0067.**



**WOMEN'S RESOURCE CENTER  
OF NORTHERN MICHIGAN**

**24-Hour Crisis and Information Lines:  
(231) 347-0082 or (800) 275-1995**

**CHEBOYGAN**  
825 S. Huron St.  
(231) 627-2380

**GAYLORD**  
95 Livingston Blvd.  
(989) 731-0918

**MANCELONA**  
205 Grove St.  
(231) 587-8891

**PETOSKEY**  
423 Porter St.  
(231) 347-0067