

# WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN, INC.

Serving adults, children and families in Northwest Lower Michigan

## **Individual and Community Services**

- Support, Advocacy and Counseling:
- Domestic Abuse
- Rape and Sexual Assault/Abuse
- Child Abuse and Child Sexual Assault/Abuse
- Support Groups
- Emergency Shelter/Safe Home
- 24 Hour Help Line for Domestic Abuse/Rape/Sexual Assault
- Information and Referral
- Educational and Employment Services

- Children's Educational Services:
- Children's Learning Center-Preschool/Educational Programming
- Project FREE Preschool
- Community Playgroups
- Violence Prevention Programs-Community and Schools
- Gold Mine Resale Shops
- Engaging Men in the Community
- Working Wardrobe
- Speaking Engagements
- Bi-monthly Newsletter

### Women's Resource Center of Northern Michigan Information

Women's Resource Center is a 501(c)(3) nonprofit, community-based organization funded by state, federal and local grants, United Way, individual and community donors, and special project fund-raising. Donations of goods and services are also needed to support many programs. For more information on services and/or tax-deductible donations, please call:

### Petoskey

423 Porter St. Petoskey, MI 49770 (231)347-0067 (231)347-5805 fax info@wrcnm.org

### Cheboygan

825 S. Huron St., Ste. 2 Cheboygan, MI 49721 (231)627-2380 (231)597-9552 fax

#### Gavlord

1030 S. Wisconsin Ave. Gaylord, MI 49735 (989)731-0918 (989)731-6443 fax

### Mancelona

205 Grove St. Mancelona, MI 49659 (231)587-8891 (231)587-1064 fax

### Domestic Abuse/Rape/ Sexual Assault:

24 Hour Help Line (231)347-0082 (800)275-1995 safe@wrcnm.org

### **NCMC Office**

1515 Howard St. Petoskey, MI 49770 (231)348-6699 phone/fax www.ncmich.edu

### Gold Mine South Resale Shop

1002 Emmet St. Petoskey, MI 49770 (231)347-3970

### Gold Mine North Resale Shop

1878 North U.S. 31 Hwy. Petoskey, MI 49770 (231)348-7908

# $wrcnm.org \cdot Facebook.com/Womens Resource Center Of Northern Michigan \\$

No person or persons will be discriminated against because of religion, sexual orientation, marital status, race, color, national origin, gender identity, age or ability. Any person who believes that they have been discriminated against should notify the Executive Director or Board President immediately by calling (231)347-0067.







# **DOMESTIC ABUSE SERVICES**

Believe • Support • Advocate



# WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN



### WHAT IS DOMESTIC ABUSE?

Domestic abuse is a cultural problem in our society that is rooted in sexism, oppression of women and gender inequality. On an individual level it is an intentional pattern of behaviors used to maintain control in an intimate partner relationship, such as:

- · Physical abuse
- Sexual assault
- Emotional abuse
- Verbal abuse
- Social isolation
- Isolation from support systems
- · Misusing technology

- · Minimizing and blaming
- Controlling family income
- Using children
- Using coercion and threats
- Using intimidation
- Surveillance/stalking behaviors
- · Human trafficking

# **WHO WE SERVE**

The Domestic Abuse Program provides services to survivors who are or have been\*:

Married • Dating • LGBTQ partners • Two-spirited • Separated Have a child in common • Living together/intimate partners \*Services are available even if you are no longer in the relationship.

# WHAT IS THE DOMESTIC ABUSE PROGRAM?

Confidential, non-judgmental support services and a safe space to engage and connect so survivors can regain control of their lives. We believe all people have a right to a life free of violence. You do not deserve to be hurt; the abuse is not your fault!

Women's Resource Center of Northern Michigan (WRCNM) serves community members in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties. Whether you need a safe place to stay temporarily or are seeking individual support, WRCNM services are available at no cost. Counselors assist with medical, housing, legal and financial advocacy. These broad-based services are available at any point in your life journey.

### **Our Mission**

The Women's Resource Center of Northern Michigan is committed to equality, justice and the well-being of women. To that end, we will engage and encourage our community to work with us toward those goals.

### DOMESTIC ABUSE SERVICES IN YOUR COMMUNITY

24-hour help and information line: (231) 347-0082, (800) 275-1995

- Advocacy and support
- Safe Home
- Crisis intervention counseling
- Safety planning
- Support groups

- Community education
- All services free and confidential
- Information and resources online at wrcnm.org

WRCNM staff has experience and training to assist survivors of domestic abuse. The help line and Safe Home are staffed 24 hours a day.

### **SUPPORT IS AVAILABLE 24/7**

- 24-hour help and information line (231) 347-0082 (800) 275-1995
- Informational website at wrcnm.org

### **YOUR JOURNEY**

We are here to walk beside you on your personal journey of healing and hope. You are strong. You are a survivor.

### **CHANGING OUR CULTURE**

Businesses, organizations and individuals working together can bring about positive change to create a world in which domestic abuse is not tolerated and survivors are supported. Awareness and understanding of the issue, helping a friend who is being abused, speaking up and being an engaged bystander are all examples of actions community members can take to make a difference.

### **Our Values**

Eliminating the culture of violence
Quality programs and services
Understanding and respecting our diversity
Advocacy for those in need
Leadership in our community
Integrity in all we do
Taking action for social change
Yielding positive results