



WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN, INC.

Serving individuals and families in Northwest Lower Michigan

Individual and Community Services

- Support, Advocacy and Counseling:
 - Domestic Abuse
 - Rape and Sexual Assault/Abuse
 - Child Abuse and Child Sexual Assault/Abuse
- Support Groups
- Emergency Shelter/Safe Home
- 24 Hour Help Line for Domestic Abuse/Rape/Sexual Assault
- Information and Referral
- Educational and Employment Services
- Children's Educational Services:
 - Children's Learning Center-preschool/school-age
 - Project FREE Preschool
 - Community Playgroups
- Community and School Violence Prevention Programs
- Gold Mine Resale Shops
- Engaging Men in the Community
- Working Wardrobe
- Speaking Engagements
- Bi-monthly Newsletter

Women's Resource Center of Northern Michigan Information

The Women's Resource Center is a 501(c)(3) nonprofit, community-based organization funded by state, federal and local grants, United Way, individual and community donors, and special project fund-raising. Donations of goods and services are also needed to support many programs. For more information on services and/or tax-deductible donations, please call:

Petoskey

423 Porter St.
Petoskey, MI 49770
(231)347-0067
(231)347-5805 fax
info@wrcnm.org

Mancelona

205 Grove St.
Mancelona, MI 49659
(231)587-8891
(231)587-1064 fax

Gold Mine South Resale Shop

1002 Emmet St.
Petoskey, MI 49770
(231)347-3970

Cheboygan

825 S. Huron St., Ste. 2
Cheboygan, MI 49721
(231)627-2380
(231)597-9552 fax

Domestic Abuse/ Rape/ Sexual Assault:

24 Hour Crisis Line
(231)347-0082
(800)275-1995
safe@wrcnm.org

Gold Mine North Resale Shop

1878 North U.S. 31 Hwy.
Petoskey, MI 49770
(231)348-7908

Gaylord

1030 S. Wisconsin Ave.
Gaylord, MI 49735
(989)731-0918
(989)731-6443 fax

NCMC Office

(231)348-6699 phone/fax
www.ncmich.edu

wrcnm.org • Facebook.com/WomensResourceCenterOfNorthernMichigan

No person or persons will be discriminated against because of religion, sexual orientation, marital status, race, color, national origin, gender identity, age or ability. Any person who believes that they have been discriminated against should notify the Executive Director or Board President immediately by calling (231)347-0067.



SEXUAL ASSAULT SERVICES

Believe • Hope • Heal



WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN



WHAT IS SEXUAL ASSAULT?

Sexual assault is any type of forced or coerced sexual contact or behavior that happens without consent. Those who sexually abuse can be anyone: family, acquaintances, trusted individuals, partners or strangers. Sexual assault includes:

- Rape
- Incest
- Child sexual abuse
- Intimate partner violence
- Sexual exploitation
- Human trafficking
- Unwanted sexual contact
- Sexual harassment

Force includes physical pressure, emotional intimidation, psychological tactics, threats and manipulation used to coerce an individual into non-consensual sexual contact.

WHO DO WE SERVE?

Women's Resource Center of Northern Michigan (WRCNM) provides services for anyone affected by sexual assault including survivors, family members and friends of survivors. WRCNM serves community members in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties.

WHAT IS THE SEXUAL ASSAULT PROGRAM?

WRCNM offers confidential, non-judgmental support and counseling to survivors regardless of age or when the assault occurred. We offer a safe and supportive space to engage and connect with therapists. We believe everyone has the right to a life free of violence and control. You do not deserve to be hurt and this is not your fault.

These broad-based services are available at any point in your journey and at no cost. Therapists work alongside you to accomplish goals you have set for yourself as a part of your healing journey. Therapists also provide information, options and advocacy for medical, legal, safety, housing and financial needs; and help you connect to community resources.

Our Mission

The Women's Resource Center of Northern Michigan is committed to equality, justice and the well-being of women. To that end, we will engage and encourage our community to work with us toward those goals.

SEXUAL ASSAULT SERVICES IN YOUR COMMUNITY

WRCNM staff has experience and training to assist survivors of sexual assault.

- 24-hour help and information line (231) 347-0082, (800) 275-1995
- Therapy, advocacy and support
- Crisis intervention counseling
- Safety planning
- Support groups
- Safe Home
- Community education
- All services free and confidential
- Information and resources online at wrcnm.org
- Survivors of violent crime provided assistance in filing for Crime Victim Compensation

SUPPORT IS AVAILABLE 24/7

- 24-hour help and information line (231) 347-0082 - (800) 275-1995
- Informational website at wrcnm.org

YOUR JOURNEY

We are here to walk beside you on your personal journey of healing and hope. You are strong. You are a survivor.

CHANGING OUR CULTURE

Businesses, organizations and individuals working together can bring about positive change; to create a world in which sexual assault is not tolerated. Awareness and understanding of the issue, validating a friend who has experienced sexual assault, speaking up and being an engaged bystander are all examples of actions community members can take to make a difference.

Our Values

Eliminating the culture of violence
Quality programs and services
Understanding and respecting our diversity
Advocacy for those in need
Leadership in our community
Integrity in all we do
Taking action for social change
Yielding positive results