

RESPECT 101: A classroom guide

Respect Lesson Plan

This training will help students:

1. Understand your expectations and ground rules such as arriving on time, respectful behavior, etc.
2. Anticipate upcoming activities focusing on building healthy relationships with others

Warm Up

I want to talk about your responsibilities in this class and my expectations of you. This year **we'll not only be focusing** on your development as students, but also on your development as young people. This includes how you carry yourself and how you treat others. Today, we will focus on how we can better show respect for ourselves, your classmates, and others.

Ask the Students

1. What does respect mean to you and why is it important?
2. How do you show respect to your classmates?
3. How do you show respect to your friends and family?
4. **How can you show respect even to people you don't know, like** at a restaurant or at the grocery store?
5. **How can you show respect to someone even if you don't like them?**
6. How do your cultural identities affect how you show respect?

Discussion Points and Wrap Up

I care about how you act in and out of the classroom.

Respectful behavior means treating others how they want to be treated. I know **you're not going to get along with everyone, but that's never an excuse to** physically or verbally harass someone.

True respect involves everything you do – how you speak, how you listen, how you act, how you think, and the way you present yourself to others.

If someone is being disrespected, say something if you are comfortable/safe or **walk away to show that you don't think it's ok.**

If someone is targeting you, tell me or another adult you trust who can help you be safe.



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