

RESPECT 101: A classroom guide



Responding to Bullying Activity

Objectives and Requirements:

Objective: To provide students with an opportunity to hear what other students think and feel when they witness bullying. This activity also helps students understand that they are not alone in feeling bad about witnessing violence. It also provides an opportunity to encourage bystander intervention.

Materials Needed: Copy of the “Bullying Scenarios” handout, scrap paper and pens

Length of Activity: 10-15 minutes

Activity Instruction:

Break the students into groups. Assign each group a scenario. Ask them to answer the following questions about the scenario. Is this an example of “joking”, “teasing”, or “bullying”? How would you feel if you saw or heard this? What would you do? Remind students that their comments need to be appropriate.

Processing the Experience:

- This exercise will give a voice to the collective feelings that they are not alone in feeling bad about the abuse they have heard.
- Discuss why students do not speak up when they see or hear abuse.
- Discuss primary prevention and speaking up.
- Ask the students to suggest expressions they could use or actions they could take.
- Consider enhancing the activity by showing a media clip that highlights bystander intervention and discuss.

